



# OAS REPORT July 1, 2017 – June 30, 2018 Substance Abuse Service Accomplishments

An Annual Report of Accomplishments for Licensed Drug and Alcohol Facilities and Services Funded by the Department of Behavioral Health & Intellectual disability Services (DBHIDS) of the City of Philadelphia, and the Behavioral Health Special Initiative (BHSI) of the State of Pennsylvania, July 1, 2017 to June 30, 2018.

**Shelter Plus Care VI, VII, VIII:** Horizon's House Shelter Plus Care (SPC) programs assist individuals and families with histories of substance abuse and homelessness to obtain and succeed in permanent housing. In partnership with Columbus Property Management, a member of the Mission First Housing group, SPC currently oversees 91 units of scattered site housing throughout Philadelphia. During the period covered in this report, a total of 99 individuals were served by SPC. Throughout the July 1, 2017 – June 2018 fiscal year, the three Philadelphia SPC programs maintained a 97% occupancy rate. During the 2018 fiscal year, we experienced nine discharges from the program; four participants graduated from the program (three moved into market value housing, and one into a senior living community). One participant, based on her health, could no longer live independently and moved into a nursing home. We experienced one participant death. And, while in the program, three participants chose to make other living arrangements.

The current economic climate continues to negatively impact our community. However, our participants' resilience and determination to succeed was evidenced by thirty-eight of them being able to obtain and maintain employment. This is the same as last year. Many have endured decreases in work hours, changes in work status from full to part time and job location changes from the city to the surrounding suburbs and other counties. However, fourteen participants have been able to sustain long term, full time employment; one at Horizon House, two at Gaudenzia Addiction and Recovery Programs, one at the Archdiocese of Philadelphia. Others are employed throughout the Delaware Valley in Food Services, Restaurant and Hotel, Human and Healthcare services and real estate industries. In addition to being employed, three participants were also part-time students.

It is written, "Education is the passport to the future, for tomorrow belongs to those who prepare for it today." This reporting period, there was no change in the total number of participants' attending school or job training programs; ten participants are utilizing area educational institutions and job training programs to obtain their goals. Their educational choices are varied: Temple and Cheyney Universities, Community College of Philadelphia, and various GED and Welfare to Work programs. Compared to previous reporting years, there is an overall decline in the number of participants who are pursuing their educational goals, however, the number of participants, who have been able to maintain employment remains consistent with last year's employment rate.

While the bedbug epidemic continues to be a financial and emotional challenge for our participants, this year there has been a decrease in the number of reports. Throughout the year, we continue to discuss bedbug prevention at our monthly community meetings and during home and office visits. Also at our monthly meetings, we have hosted a variety of guest speakers and presenters, who brought various information and resources to our participants and staff. This year, we hosted a voter registration drive, where we educated and registered twenty new voters. There was also a demonstration of how to vote; utilizing a voting booth and showing the proper voting procedure. Other topics were recovery management, smoking cessation, health and wellness, budgeting, employment and educational resources. As a result of the information provided, several participants are now working on obtaining their GED and others have begun the process of trying to stop smoking while several have already stopped.

#### Susquehanna Park I & II

Now in its 11<sup>th</sup> year, Horizon House's Susquehanna Park I (SP I) is a 3C residential treatment program specifically designed to treat adult men recovering from substance use disorders, mental health disorders and struggling with chronic homelessness. Our Susquehanna II program is a 2B halfway house that serves as a "step down" for those men who have successfully completed a 3C program and is designed to help our participants strengthen their recovery while establishing healthy living skills as they prepare for independent living. Both programs fall under the umbrella of Philadelphia County chronically homeless addictions treatment programs now known collectively as the Journey of Hope. SP I and II programs operate in the same location.

During the FY of July 2017 through June 2018 covered by this report, a total of 87 participants were served by SP I and II. We saw an increase in admissions and repeat readmissions related to the opioid crisis. However, more than 70 percent of those participants remained in the program until they transitioned to a more appropriate level of care, or applied for and received referrals to permanent supportive housing in conjunction with the Office of Homeless Services.

Susquehanna Park I and II accept referrals from street outreach teams, Horizon House's Navigation Center, the shelter system, Crisis Response Centers, and other sources.

Susquehanna Park is more than a traditional D&A non-hospital inpatient treatment program; it is a modified therapeutic community that emphasizes long-term planning, establishing support networks, and instilling coping skills to maintain lifelong recovery. Staff and participants regularly take part in wellness, recreational, educational, vocational, spiritual and service-oriented activities, such as softball, basketball games, fundraisers, the Annual Recovery Walk, presentations to diverse audiences, community service, homeless outreach initiatives, and so much more.

#### Horizon House Staff Psychiatrists July 1, 2017 June 30, 2018

| Thomas Armistead:Delco, HOPE PACT        | Ja |
|--|----|
| Neal Brandoff:New Keys, CORE             | Č  |
| Jose Capiro: ACT Alliance (Delaware)     | Y  |
| Harold Cottman: Welcome Home, Home First | Н  |
| Russell Foo: ACT Team                    | Ν  |
| Sheri Hollander: Delco ACT               | (I |
| Chandraka Kathrivan: ACT Navigator       | Ìr |
| (Delaware)                               | Κ  |
| Heather Kennedy: ACT Hope (Delaware)     | А  |
| Mary Ann Koza: Lehigh/Northampton ACT    |    |
| Paresh Pandya: Outpatient Services       | SI |
| Lina Perez Montco Crisis Residential     |    |
| Rabia Qazi:ACT Vision (Delaware)         |    |
|  | 1  |

Jasmine Sawhnee: (FT 7/2018)PEACE, CCM Charles Stanfa:Montco ACT, Forensic, RTFA Yekaterina Tatarchuk Wellness Alliance Holly Valerio: Outpatient Services P/T Temp) Nana Berikashvili: (end 5/31/18)ICM Empower (Delaware) Irene Hurford: (PT)PEACE Karen Kovacic: ACT Navigator Andrew Migliaccio:(end 6/21/18)WA,RTFA, Susq. Pk, Journey Home Shelley Sellinger: (telepsychiatry)ICM Empower PT

Horizon House is a nonprofit organization, affiliated with the Center for Mental Health Policy Services Research (CMHPSR) and the Department of Psychiatry at the University of Pennsylvania, and is a constituent of the United Way of Southeastern PA (donor option #00067). Horizon House is a registered 501 (c)(3) charitable organization. A copy of the official registration and financial information can be obtained from the PA Department of State by calling 800-732-0999. Registration does not imply endorsement. Horizon House provides social, vocational, residential and employment opportunities without regard to race, ethnicity, color, sex, sexual orientation, gender identity, religion, national origin, ancestry, disability, marital status, age, source of income, familial status, or domestic or sexual violence victim status.

## **Financials**

Years Ended June 30, 2017 and 2016

|  | June 30, 2017 | June 30, 2016 |
|--|---------------|---------------|
| REVENUE                                      |               |               |
| Support and Revenue:                         |               |               |
| Program Revenue                              | 75,787,583    | 75,378,370    |
| Grants and Contributions                     | 2,069,098     | 2,551,066     |
| Other  | 1,171,033     | 946,147       |
| Total Support and Revenue:                   | 79,027,714    | 78,875,583    |
| EXPENSES                                     |               |               |
| Program services                             |               |               |
| Mental Health, Drug and Alcohol              | 47,261,997    | 46,395,762    |
| Intellectual Disabilities                    | 23,189,968    | 22,941,241    |
| Administration                               | 9,183,364     | 9,360,356     |
| Total Expenses                               | 79,635,329    | 78,697,359    |
| NET ASSESTS                                  |               |               |
| Net Assets Beginning of Year                 | 4,053,755     | 3,361,683     |
| Changes in Unrestricted Net Assets           | 260,324       | 752,072       |
| Changes in Temporarily Restricted Net Assets | 120,000       | (60,000)      |
| Total Changes in Net Assets                  | 380,324       | 692,072       |
| Net Assets Year End                          | 4,434,079     | 4,053,755     |

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