

Program Services

120 South 30th Street  
Philadelphia, PA 19104-3403

Administrative Services

3275 Stokley Street  
Philadelphia, PA 19129-1128

(215) 386 3838 *Main Phone*

[www.hhinc.org](http://www.hhinc.org)



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Horizon House provides social, vocational, residential and employment opportunities without regard to a person's age, sex, pregnancy, race, color, religion, creed, national origin, citizenship, Limited English proficiency (LEP), psychiatric disability, physical disability, genetic information, sexual orientation, gender identity, marital status, veteran status, military status, or membership in any other protected group.

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# Commitment TO A Legacy

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REPORT TO THE COMMUNITY  
2013-2014





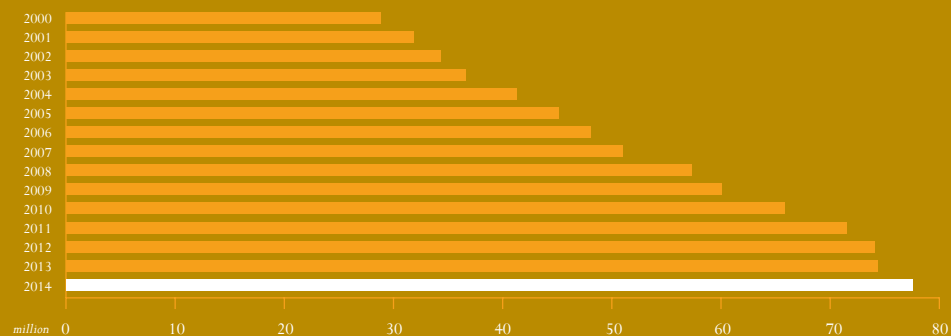
## OUR MISSION

Horizon House, in partnership with individuals with disabilities and their families, advocates and provides comprehensive, community-based services. We create opportunities for those served to manage their lives through environments that emphasize individual strength and choice.

## OUR VISION

Horizon House will be a leading advocate and provider of comprehensive, person-centered services to individuals with disabilities and their families.

## TOTAL REVENUE BY YEAR



## DEAR FRIENDS,

In 1952, Marcie Schmoeger developed psychiatric symptoms from a drug she had been given for kidney disease and she was admitted to Friends Hospital. During her stay, she realized that many of those hospitalized could not leave because they had no place to go and no supports in the community. In response to this experience, with support from the Quaker community and others, Marcie created a support group for former mental hospital patients in Philadelphia. Marcie’s organization was the beginning of Horizon House as we know it today.

Throughout her life, Ms. Schmoeger was committed to living each day to its fullest. She worked tirelessly to realize her vision of a better life for people with mental illness. A true pioneer, she believed each person was entitled to a fulfilling life in the community. Over the years, we have broadened our scope to include services and supports for adults with developmental and intellectual disabilities and individuals who have been homeless.

We remain committed to Marcie’s vision. As you can imagine, this has not always been an easy journey: changes in regulations, new state and federal initiatives and shifting funding levels have all presented challenges. In 2012-2013, unanticipated funding cuts in reimbursement

posed new challenges. As the result of strategic decisions (operational and financial), diversification and support from you, our friends and supporters, we quickly overcame these challenges.

When you read the stories and the successes of the men and women we serve, you will see why, despite the many challenges, we remain committed to carrying out Marcie’s vision. We do it for Cornell, Vincent, Alonzo, Margaret and all the others we have the privilege to serve.

One thing we know for sure: We cannot do it alone. We thank you — our partners, donors, supporters, and volunteers for helping us make our vision a reality.

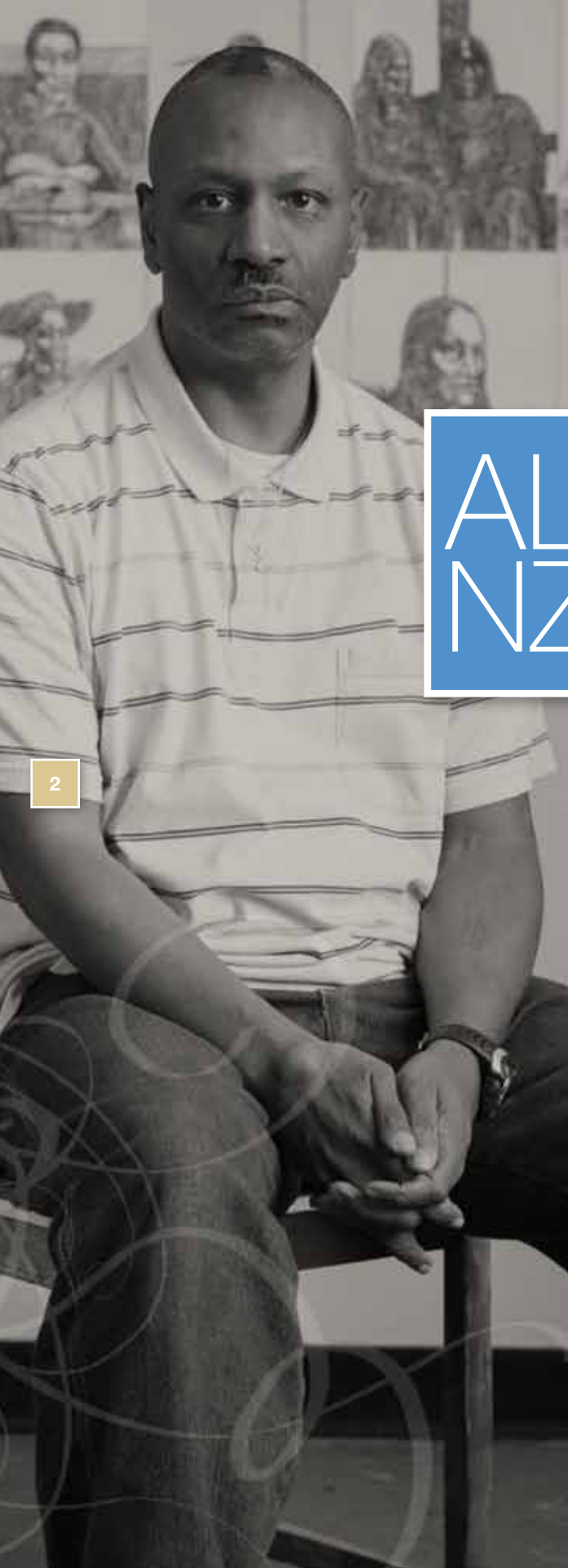
*On behalf of the individuals we serve, thank you!*



Jeffrey W.J. Wilush  
President and CEO



Gabriel Ross, Ph.D.  
Chairperson, Board of Directors



ALONZO

Some people are blessed with a photographic memory.

Alonzo has that gift. If he's in the mood for conversation, he'll tell you, "I'm an artist." If he doesn't feel like talking, his work speaks for itself.

"Alonzo is very interested in art and draws well," said Sulaiman, Team Coordinator for the Horizon House staff that support Alonzo and assisted him in lining up his current living arrangements. "He will look at you once and within five minutes will draw a portrait of you freehand."

But his work is not limited to portraiture. "I paint everything," Alonzo says. "Trees, landscapes, stuff like that. I paint from my head, my mind. I draw anything, whether it's pretty or ugly."

While Alonzo faces challenges as a result of his disabilities, he has had great success in working out coping skills to manage them, including doing his art. His staff at Horizon House are respectful of his "quiet time" and

after two years by his side, know when to leave him deep in thought.

Once he is ready to engage, explains Sulaiman, Alonzo will say, "I wasn't ready to talk to you but now I am. I am ready to write. I'm ready to draw. I'm ready to do some artwork."

Alonzo fills sketchbooks and scraps of paper with an eclectic range of imagery from his past and present life. His amazing visual memory allows him to record everything he sees through the process of drawing. He works quickly and often will create a rough draft of an image from observation and later redraw it from memory with incredible detail and accuracy.

His preferred medium is watercolors but a recent exhibition at the Fleischer/Ollman gallery on Arch Street in Philadelphia featured 45 portraits he made

*continued*



*Courtesy of the artist and Fleischer/Ollman.*

“I'm ready to think. I'm ready to write. I'm ready to do some artwork.”

# CONTRIBUTORS

AAA Appliance  
 Accommodation Mollen  
 Aegis Commerce Solutions  
 Faizi Ahmed  
 AIG  
 Joyce Alexander  
 Alliant Insurance  
 Allied Document Solutions & Services, Inc.  
 Alvare Associates  
 Anchor Financial & Accounting, P.C.  
 Anonymous  
 Tina Antonini  
 APO Temple University  
 Aquarius Water, Inc.  
 Atlantic Diagnostic  
 Tom Bailey  
 Eugene Bain  
 Mike Barker  
 Rick Baron  
 Karen Batt  
 BDO USA  
 The Benecon Group  
 The Benevity Community Impact Fund  
 Jacqui Blatt  
 Harriet Bleiman  
 Boyle Brothers Fuel  
 Brandywine Auto Repair  
 Broadview Networks  
 Brown & Brown Consulting  
 Evelyn Brown  
 Greg Bruce  
 Canon Solutions America  
 Jose Capiro  
 Pamela Carroll-Solomon  
 Carroll Consultants  
 Michael Caulfield and Kathleen Slater Caulfield  
 The County of Chester Commissioner Office

Sandy Sistrun-Clarke  
 Ram Cnaan  
 Ellen and John Condello  
 Conner Strong & Buckelew  
 Contract Pharmacy Services  
 Dee Dalton  
 D'Ambrosio Auto Group  
 George D'Aurizio  
 Nick DeSantis  
 Jessie and Scott Diamond  
 Amy Dickinson-Meehan  
 William and Jennifer Dinwiddie  
 Rose DiOttavio  
 Gloria Donnelly  
 Mark Dresden, Jr.  
 Sandy Dunbar  
 David Dunbeck  
 Joseph Dunbeck  
 E & D Landscaping  
 EJF Associates  
 Robbin Eicher  
 Elliott-Lewis  
 Emerald Business Supply  
 Enterprise Holdings Foundation  
 Cindy Epstein  
 Jared Epstein  
 Bar Mitzvah Project  
 Noah Epstein Bracelet Project  
 Fabulous Shoe Night  
 Michael Fan  
 Larry Fine  
 Angie Foreman  
 Edward Bernard Freeman  
 Fulcrum Pharmacy  
 Ganse Apothecary, Inc.  
 Melani Garrison  
 Beth Gibson  
 Ted Glackman  
 Barbara Granger  
 Gwynedd Friends Coffeehouse  
 Debbie and Rafe Hamilton  
 Sam Hirsch  
 HM Insurance Group  
 Horizon Healthcare Consultants

Horizon House Senior Staff  
 Hotties-4-Humanity  
 Jerry and Barbara Howard  
 Emily Hudson  
 Hunt and Ayres, P.C.  
 John Hunt  
 Hunter Roberts Construction Group  
 Independence Blue Cross  
 InSyst on Solutions  
 Monica Istvan  
 Interstate Fleet Services  
 Janssen Pharmaceuticals, Inc.  
 JEB Management  
 John Kennedy Ford  
 John Templeton Foundation  
 Nadine Johnston-Ponder  
 Yusef Joyner  
 Kathy Burns and John Kapusnick  
 Marie Kearns  
 Larysa Kilpatrick  
 Susan Klausner  
 Barbara Korz  
 Rita Kucsan  
 Larry Kurtz  
 Sheila Lambert  
 Evette Lee  
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 Alvin Levin & Sons  
 Maryann Lindsay  
 LMS Vending  
 Derrick Lowery  
 Joe Lyons  
 Kris Mancini  
 Katharine Manning  
 Brian Mattes  
 McConkey Insurance and Benefits  
 Mike McGann  
 Mark McLaughlin  
 Melanie McManus  
 Charles McNair  
 Karlyn Messinger  
 MetLife  
 Elizabeth Michaels

Midlantic Fire LLC  
 Mission First Housing  
 Mobility Works  
 Phil Montoni  
 Chris Moore  
 Walt Morrison  
 Ryan Muir  
 Dell Mundorf  
 Theresa Murphy  
 Nations Enrollment Systems LLC  
 Newtown Office and Computer Supply, Inc.  
 NHS Human Services  
 Ann Nguyen  
 Linda Nilsen  
 OneAmerica  
 ONE Million Coin Supporters  
 Orion Fleet Intelligence  
 Parente Beard  
 Darryl Parker  
 Parkway Clinical Services  
 Carolyn Pastore  
 Pathcom, Inc.  
 Mary Jane Pennoyer  
 Lisa Pettinati  
 PEW Foundation  
 Philadelphia Federal Credit Union  
 Philadelphia Insurance  
 Christine Pollock  
 Quality Care Options  
 R & R Voice and Data  
 Radius Rx Direct  
 Larry Real  
 Mary Joy Kaiser and Werner Reinartz  
 Reynolds & Reynolds Electronics, Inc.  
 Rhoads & Sinon, LLP  
 Jeffrey Richer  
 RICOH USA  
 Brenda Rivera  
 Ann Robinson  
 Terez Rodrigues-Mackey  
 Miguel Rodriguez  
 Richard and Anne Rosenberg  
 Gabe Ross

Regina and Jay Rothe  
 Peggy Rowe  
 RoyerComm Group  
 Damian Salas  
 Brenda Sansone  
 Santander Bank  
 Michael Schell  
 Sor Moi See  
 Tom and Kathy Sheehan  
 Ivy Shelton  
 Shir Ami SHAFTY Youth Group  
 Singer Equipment  
 Jerry Skillings  
 Greg Small  
 Social Work PRN  
 Arlene Solomon  
 Support of Microcomputers Association, Inc.  
 SPRINT/ NEXTEL  
 Staffing Plus  
 Stradley Ronon Stevens & Young, LLP  
 Studer Family Charitable Giving  
 Studio of Metropolitan Design  
 Sun National Bank  
 Keith Sutherland  
 Janelle Swab  
 TEVA Pharmaceuticals  
 Harry Thompson  
 Tom G. Tirney  
 Hon-Chung Tong  
 William Toot  
 Terry Tracy  
 Tsoules, Sweeney, Martin & Orr, LLC  
 US Medical Staffing  
 United Concordia Dental  
 United Way  
 University of Wisconsin  
 Lila Vail  
 Karlene Valverde  
 Vanguard Charitable Enhancement Program  
 Verizon Wireless  
 Vilim & Maddox, LLC

continued

(Alonzo; continued)

in ballpoint pen. Alonzo's work was discovered at the Oasis Art Center by Fleischer/Ollman's Director, Alex Baker, who was looking for undiscovered artists for the gallery's "All Different Colors" show. Alonzo is among the 19 artists with developmental disabilities whose work was chosen for the show.

The Oasis Art Center, which closed in May 2014, was home to an art program for individuals with physical and behavioral health disabilities. Alonzo would bring his imagination and talent there three days a week.

Alonzo receives support related to the management of all his daily needs, self-care, residential responsibilities, medical appointments, and leisure activity planning. Staff accompany Alonzo on outings, which often include shows where his art-work is on display for sale.

*"When we attend these events, we always try to let people know that Alonzo is the artist who did the drawings," said Sulaiman. "Sometimes people will ask for his autograph, and some people just ask for a hug. It makes him feel good about himself to know that people appreciate his work. We always look forward to being with him to share that experience."*



**Community Living Services** connect individuals with intellectual disabilities with homes that match their individual support and supervision needs. All programs foster personal growth and community integration and encourage residents to gradually increase their independence. Residential options include: community homes, 1- to 4-person residences with 24/7 in-home assistance, semi-independent supported living, and family living – or life sharing.

# “I was committing suicide and I didn't even know it.”

Years of chronic homelessness came to a crashing halt one August day three years ago when Cornell collapsed in the street where he had been living off and on for most of his adult life.

Following stays in a hospital and rehabilitation center to treat his fall, Cornell was referred to Horizon House's Welcome Home program. Welcome Home follows the Housing First model, which helps individuals with histories of chronic homelessness, serious mental illness and/or co-occurring substance abuse issues move off the street. Cornell put up some resistance at first.

“It took about three months to build the trust with him that we needed to help him stabilize his life,” says Geoffrey, Team Leader for Welcome Home. “At first he was not very cooperative, but over time he began to believe that we were there to help him.”

Working with one of its partners, the 1260 Housing Development Corporation, Welcome Home set Cornell up in his very first apartment. He received mental health and recovery services through his Welcome Home team. The Fairmount Primary Care Clinic at Horizon House and the Project HEALTH program provided Cornell with health care, health and wellness education, and support around managing physical health issues.

An only child, Cornell, 55, spent his youth in South Philadelphia. “Growing up, life didn't seem real to me,” he says. He never finished school and spent most of his 20s either looking for work or at home with his parents. They divorced when he was 40. Other than a three-year stint as a longshoreman for the Port of Philadelphia, most of the jobs Cornell had over the years did not last; he was always either laid off or fired, or he simply walked away.

He remembers the cycle he followed: quitting jobs and then living with his parents or at a homeless shelter or rehab center for a while. He remembers living on the street, often delusional, not knowing



CORNELL

where he was or how he got there. He would start wandering at dawn, scavenging through trash bins, and sleeping on wet blankets in parks. Looking back he says, “I was committing suicide, and I didn't even know it.”

The saying “Sometimes you have to get knocked down lower than you've ever been, to stand up taller than you ever were” perfectly epitomizes the turning point for Cornell. Three years ago, within the span of a year, he lost his mother, his father, and an aunt with whom he had been close. Over the years being homeless on the street he always managed to stay connected with his family, at least intermittently. Now, without that lifeline, Cornell found himself feeling completely alone.

When he fell down - literally and figuratively - that August day three years ago, Cornell had a realization: He knew he had

*continued*

# CONTRIBUTORS

continued from page 4

Visatek Services  
Gale Walls  
Linda Washington-Brown  
W.B. Mason  
Norman and Joy Weber  
Deena Weitzel  
Charles White, Jr.  
Kariemah White-Mack  
Tiffany Williamson  
William Penn Charter School Students  
Jeff Wilush  
Windstreet Energy  
The Wireless Alliance  
Patrick Wolodzko  
Paula Wright  
Rich Ziegler

## IN HONOR OF

*In Honor of Rose Anderson*  
Katherine Platt  
*In Honor of Jason Bohenek*  
Christine Long  
*In Honor of Steven Howard Brown*  
Evelyn Brown  
*In Honor of Alice Hershey*  
Anonymous  
*In Honor of Horizon House Medical Staff*  
Larry Real  
*In Honor of Robert Nellingner*  
Dorothy Nellingner  
*In Honor of Peggy Rowe*  
Christopher Moore

## IN MEMORY OF

*In Memory of Ralph G. Attarian, Jr.*  
Kenneth D. Benton  
Vera A. Boak  
Susan Brown  
Department of Labor  
Joel and Rhonda Geist

Laurie Ann Howard  
SunTrust Bank  
Barbara and Charles Quall

*In Memory of Richard Barras*  
Katharine Manning

*In Memory of Mary E. Bareis*  
Disston Elementary School

*In Memory of Geoffrey Bosworth*  
Aileen Bosworth

*In Memory of Robert Gordon*  
Theresa Beck

*In Memory of Josephine Kahriger*  
Joseph Kahriger, Jr.

*In Memory of Brennan McManimon*  
Roger McManimon  
John Meyers

*In Memory of Greg S. Nemeroff*  
Rian Nemeroff

*In Memory of Brian Rogers*  
Miriam Greenwald

## IN-KIND GIVING

Acme Markets  
Adventure Aquarium  
Aldo Lambert's Family of Restaurants  
American Helicopter Museum  
Anro, Inc.  
Tina Antonini  
Applebee's  
Arnold's Family Fun Center  
Atlantic Diagnostics Laboratories  
Automobile Dealers Association of Greater Philadelphia  
Barnes & Noble  
Battleship New Jersey  
BDO USA  
Bed Bath & Beyond  
Bellini Restaurant  
Benefit Allocation Systems  
Ben Franklin Yacht

Best Buy  
Bikram Yoga  
The Body Shop  
Bonfish Grill  
Boutique Wearhouse  
Brandywine Conservancy and Museum of Art  
Brandywine Prime  
Brandywine River Museum  
Brown & Brown Consulting  
Buckingham Valley Vineyards  
Bulle Rock Country Club  
California Pizza Kitchen  
Camden Riversharks  
Candlelight Dinner Theatre  
Canvas on Demand  
Carroll Consultants, Ltd.  
Catherine's Restaurant  
CDW  
Chaddsford Winery  
Cheesecake Factory  
Linda Chester  
Mary Chiodo  
Citizens Bank  
Ryan Clancy  
Clementon Park & Splash World  
Closets by Design  
ComedySportz Philadelphia  
Conner Strong & Buckelew  
Corner Bakery Café  
Costco Wholesale Center  
Couture-Anshul Gambhir, MD  
Culinary Creations  
CVS Pharmacy  
D'Ambrosio Auto Group  
Dandelion  
D'Angelo's Ristorante Italiano  
Dave & Buster's  
Deerfield Country Club  
D'Ignazio's Towne House  
Dogfish Head Craft Brewery

Nancy Dorfman  
DoubleTree by Hilton Hotel Philadelphia  
Drexel University  
Eastern Mountain Sports  
E & D Landscaping  
Larry and Marjorie Fine  
Nichole Fleming  
Fulcrum Pharmacy  
Kelly Gastley  
Giant Foods  
Google Offers  
Harvest Seasonal Grill & Wine Bar  
Dawn Hertzler  
Hilton Garden Inn  
Hilton Philadelphia Airport  
Holt's Cigar Company  
Hotties-4-Humanity  
John Hunt  
Independence Blue Cross  
Interstate Fleet Services  
J.B. Dawson's Restaurant and Bar  
JNA Institute of Culinary Arts  
Cheryl Johnson  
Kimberton Inn  
Tami Lynn Kleifoth  
Kneading Much Moore  
Nancy Lamason  
Shirlene Lisby  
LMS Vending  
Longwood Gardens  
Macaroni Grill  
Maggiano's Little Italy  
Mandel, Katz & Brosnan, LLP  
Manhattan by Sail  
Margaret Kuo's Restaurants  
Marsha Brown Restaurant  
Marsh Creek Watersports  
Men's Wearhouse  
John McCauley  
Morey's Piers & Beachfront Waterparks  
John Gunnar Mossblad  
Theresa Murphy

MyPublisher  
National Constitution Center  
Ned's Cigars  
Newtown Bookstore  
Newtown Chocolatier  
Newtown Swim Club  
Newtown Township  
NY Skyride  
Office Depot  
Olive Garden  
Omni Hotel and Resorts  
Oriental Trading Company  
Owen Biddle School of Photography  
Pacifico Marple Ford  
Panera Bread  
Peninsula Golf and Country Club  
Pennsauken Country Club  
Penns Woods Winery  
Marti Petroka  
Joseph Pettinati  
Philadelphia 76ers  
Philadelphia Eagles  
Philadelphia Flyers  
Philadelphia Insurance  
Philadelphia Magic Gardens  
Philadelphia Phillies  
Philadelphia Pretzel Factory- Lahaska  
Philadelphia Pretzel Factory- Richboro  
Philadelphia Rock Gym  
Philadelphia Soul  
Philadelphia Spinners  
Philadelphia Theatre Company  
Philadelphia Wings  
Philmont Country Club  
PinkCalyx Jewelry  
Planet Fitness  
Valerie Pulgieste  
Quality Care Options  
QVC  
Ralph Lauren  
Reading Phillies  
Red Lobster

Denise Richardson  
RICOH USA  
The Rose Group  
R & R Voice and Data  
Ruby's Diner  
Santander Bank  
Ray Schneider  
Seasons 52  
Sesame Place  
Shake Shack  
Kerri Slavin  
Social Work PRN  
Sonesta Hotel Philadelphia  
Sorella Boutique  
Starbucks Coffee Company  
Stephen Starr Restaurants  
Stephen's On State-Media  
Edward Strigle  
Sweet & Sassy  
Tom and Patricia Szelak  
Target  
Toner Recycling Supporters  
Toys 4 Tots  
Trader Joe's  
The Uncorked Artist  
United Floral Services  
Unum Group  
US Foods  
El Vez  
Walt Disney World Co.  
Joy Warren  
W.B. Mason  
Norman and Joy Weber  
Deena Weitzel  
Whitehall Skiing  
Wilmington Blue Rocks  
Patrick Wolodzko  
World Cafe Live  
World Cafe Live at The Queen  
Yangming Restaurant  
John Zillmer

(Cornell; continued)

to get up. He knew he wanted to live. "I had to make a decision or I'd be on the street for the rest of my life," he recalls.

"Cornell is very stable now," says Geoffrey. "He's been in remission for a while. Cornell is grateful for his apartment and is working toward his personal goals – goals that will further enrich his new life."

*"When I started taking care of myself, everything became clearer," Cornell says. "I figured out that somebody was trying to help me. It has been a blessing."*



Thomas Anthony, Psychiatric Nurse and Cornell

Housing First programs support individuals with histories of chronic homelessness, serious mental illness and/or co-occurring substance abuse issues as they move toward independent, recovery-filled lives in the community. Housing First teams secure safe and stable housing for the individual served and then provide comprehensive treatment that helps people to manage challenges, take an active role in their mental and physical wellness, and move forward toward a successful independent life in the community.

“I want to be happy, to have joy and peace in my life.”

10

### Who knew life could be so busy, and so hopeful?

Margaret spent a recent morning learning how to make wheat pasta shells filled with ground turkey and finely chopped zucchini, dressed with pasta sauce. She calls healthy recipes like this one “food for the mind and body.” She is learning to prepare healthy dishes to replace the processed foods that used to make up the bulk of her diet.

These days, Margaret is filling her schedule with healthy pursuits as a member of Horizon House’s **Project HEALTH and Wellness Alliance**. Together, these two programs provide Margaret with support around her mental, physical and social health.

For many years, Margaret has suffered with a severe mental illness and has experienced some very challenging and fearful times. She says that on occasion her illness had her “scared to death.” But she will be the first to tell you that these experiences changed her life for the better because they have opened up her life to new opportunities, including those presented by Horizon House.

Colleen, Project HEALTH Program Manager, remembers first meeting Margaret in 2013.

*“Margaret was very excited that we offered a lot of groups around health education and were going to be adding more physical health type groups,” Colleen recalls. “She was trying to quit smoking at the time and was really interested in improving her physical health and exercising to help her feel better. She was also delighted to learn that she could switch her primary medical care from her current Fairmount Center location to the office conveniently located right here at Horizon House.”*

When Margaret visits the Wellness Alliance, she can go down the hall to the Wellness Room designated for members of Project HEALTH and attend education classes for smoking cessation, diabetes health management, and other health groups.

Her favorite program benefit is the availability of yoga exercise and workout equipment. A wellness coach is on hand to help members learn how to use the machines and access hundreds of exercise videos to play on the big screen TV while participants power through their workout.

“This is a free service for members,” says Colleen. “The ultimate goal is to help people to gain the skills to learn how to exercise efficiently and effectively to help improve their health outcomes and quality of life. It also helps them to connect to the community by transitioning to centers like a local YMCA.”

“Project HEALTH and Wellness Alliance help me mentally,” Margaret explains. “They teach me coping mechanisms, help me with self-esteem issues, and get me integrated into society.”

Along her journey to recovery, Margaret has never lost sight of her dreams: “I want to understand this illness and learn how to beat it. I want to be happy, to

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(Margaret; continued)



Justine Hoffman, *Wellness Alliance Recovery Coach*; Margaret; Shelly Shaw, *Wellness Alliance CPS*; and Jose Gonzales, *Project HEALTH Peer Support Specialist*

have joy and peace in my life. I want to be closer to the one who created me — God.”

“I sought all these things to improve my life,” Margaret says. “I prayed God would place good people into my life that could help me. Colleen is quite a wonderful woman. She has made Project HEALTH a very welcoming and inviting place to come. Here, they build you up. Now I have people in my life who support me and understand my illness. And I know I must take an active role in my own recovery.”

*Most of all, Margaret wants to tell her story so that others can be inspired and encouraged by it. “With God’s help and community support, I know I can overcome insurmountable odds, and others can, too. You just can’t give up!”*

**Project HEALTH**, which offers primary health care and wellness case management, encourages those served to take an active role in their health. Individuals learn new skills through groups, activities and individual counseling around nutrition, exercise, weight management and healthy living.

The **Wellness Alliance** is a community-based program that helps people to manage their mental illnesses and to move forward toward goals in all areas of their lives. Wellness Alliance works closely with Project HEALTH to support the overall health and wellness of those we serve.

## FINANCIALS

	Year Ended June 30, 2014	Year Ended June 30, 2013
<b>Revenue</b>		
Program Revenue	\$ 74,006,648	\$ 70,378,306
Grants and Contributions	3,063,886	3,097,497
Other	705,979	599,585
<b>Total Revenue</b>	<b>\$ 77,776,513</b>	<b>\$ 74,075,388</b>
<b>Expenses</b>		
Program Services		
Mental Health, Drug and Alcohol	47,740,374	47,487,036
Intellectual Disabilities	20,945,040	19,867,029
Administration	8,402,442	8,447,662
<b>Total Expenses</b>	<b>\$ 77,087,856</b>	<b>\$ 75,801,727</b>
<b>Net Assets</b>		
Net Assets beginning of year	3,116,288	3,960,234
Changes in unrestricted net assets	605,794	(823,946)
Changes in temporarily restricted net assets	80,000	(20,000)
Total changes in net assets	685,794	(843,946)
<b>Net Assets Year End</b>	<b>\$ 3,802,082</b>	<b>\$ 3,116,288</b>





VINCENT

At six-feet-nine-and-a-half-inches tall and with a kind smile and easy manner, Vincent is the gentlest of giants.

As healthy and robust as he looks and feels these days, Vincent was certainly not quite as well when he first made his way to Horizon House; decades of struggling with mental illness and not enough support had left Vincent depressed, isolated, and in need of serious medical attention.

“When he came to us he had a lot of medical issues,” says Barbara, Vincent’s case manager. “And he was deeply withdrawn. He needed help with hygiene and with dental care. The medication he was on at the time was causing him to be very unresponsive and lethargic... So you could say he was in a bad way.”

Vincent was born in Reading, PA and lived there until the age of 11 when his father died and his mother moved him and his siblings to Philadelphia. A gifted basketball player throughout

high-school, Vincent received a college scholarship to play and he chose to major in psychology. Vincent’s promising college career was derailed just prior to his senior year when he was suddenly overcome by a debilitating depression.

Unable to continue his studies, Vincent moved back in with his mother. Over the years he held odd jobs here and there, including two summers with the Department of Recreation, but as he says, “The depression was so serious that it made life very hard.”

Vincent spent some time in the hospital and a little more than three years ago wound up homeless and out of touch with his family. Because of memory lapses, it was challenging to piece together Vincent’s life before he came to Horizon House. But once he got the help he needed, tracking his incredible progress has been easy.

“In the nearly two years since Vincent came through our doors, he has completely turned his life around,” says Barbara. “At the beginning he was non-communicative. He would respond in monosyllables and would sit and rock. The team used to have to prompt him constantly to bathe and to change his clothes. Now nobody has to tell him. Because of the help he’s received and an adjustment to his medication, Vincent’s mood and outlook have changed and he has more energy. He’s very motivated.”

As his case manager, Barbara helps to organize Vincent’s care. She works to make sure that Vincent’s various health needs are met by coordinating with the other case managers and with the agency’s Project HEALTH program, which teaches people about health and

*continued*

“The depression was so serious that it made life very hard.”

### Targeted Case

### Management (TCM)

provides assistance to those living with serious and persistent mental illness and/or co-existing drug and alcohol disorders. TCM services help people build and strengthen skills around independent living, problem solving, and money and health management. Those served increase their self-sufficiency, confidence, and overall well-being as contributing community members.

(Vincent; continued)



*“I’m getting my life in order,” he says confidently. “I feel happier.”*

wellness and offers support as people begin to take responsibility for their physical health. A team member often accompanies Vincent to his medical appointments.

With Barbara’s encouragement, Vincent has been practicing taking public transportation so that he will soon be comfortable enough to travel to his appointments on his own. Vincent has been living in a personal care boarding home with ten other adults. He enjoys watching basketball and reading—mostly on psychology and philosophy. Sometimes he will share his personal insights with others.

Although some days are better than others, Vincent feels that his life is finally under control. Where once he would isolate himself from others, today he is comfortable establishing friendships. You are likely to find him out for a stroll with friends in his neighborhood or happily playing a card game called Pitty Pat. He acknowledges the help he has received from Horizon House that has turned his life around.

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