



Horizon House

**SUBSTANCE ABUSE SERVICE  
ACCOMPLISHMENTS**

**OAS  
REPORT  
2019**

**JULY 1, 2018- JUNE 30, 2019**

*An Annual Report of Accomplishments for Licensed Drug and Alcohol Facilities and Services  
Funded by the Department of Behavioral Health & Intellectual Disability Services  
(DBHIDS) of the City of Philadelphia, and the Behavioral Health Special Initiative (BHSI) of  
the State of Pennsylvania,*

### Shelter Plus Care VI, VII, VIII:

Horizon House's Shelter Plus Care (SPC) programs assist individuals and families with histories of substance abuse and homelessness to obtain and succeed in permanent housing. In partnership with Columbus Property Management, a member of the Mission First Housing group, SPC currently oversees 91 units of scattered site housing throughout Philadelphia. During the period covered in this report, a total of 96 individuals were served by SPC. Throughout the July 1, 2018 – June 30, 2019 fiscal year, the three Philadelphia SPC programs maintained a 96% occupancy rate. During the 2019 fiscal year, we experienced 10 discharges from the program; six participants graduated from the program (five moved into market value housing, and one into a senior living community). Four participants chose to make other living arrangements, exiting the program.

The current economic climate continues to negatively impact our community; many have endured decreases in work hours, changes in work status from full to part time and job location changes from the city to the surrounding suburbs and other counties. However, our participants' resilience and determination to succeed is evidenced by 14 participants whom have been able to sustain long term, full time employment; including one employed at Horizon House, and one at Gaudenzia Addiction and Recovery Programs. Others are employed in fields of Food Services, Restaurants, Hotels, and Human and Healthcare services. In addition to being employed, one participant is also a part-time student.

The program is managing during the City's opioid crisis. The housing community is negatively affected economically with the loss of jobs, socially with the loss of relationships, and physically with the impact of the disease on the body and spirit. In prior years, an average of four participants per year required inpatient treatment to manage their recovery. This reporting period, 13 participants, returned to inpatient hospitalizations to overcome their addiction to opiates. Overcoming this addiction has often resulted in multiple and longer inpatient hospitalizations. During this struggle, four participants left the program against facility advice and abandoned their units and walked away from the program and housing. One of the methods we utilize to combat this epidemic is the training of all participants on the use and proper application of Naloxone. Our weekly Living in Recovery participant support group is also a support for participants, who may be having difficulty positively managing their recovery. It is written, "An investment in knowledge always pays the best interest." During this reporting period, 10 participants are utilizing area educational institutions and job training programs to obtain their goals. Their educational institution choices are varied: Temple, Strayer and Cheyney Universities and various GED and Welfare to Work programs. This number remains the same as the last reporting period.

Also at our monthly meetings, we have hosted a variety of guest speakers and presenters, who brought various information and resources to our participants and staff. Some topics were recovery management, financial planning/the importance of credit ratings, smoking cessation, health and wellness, budgeting, employment and educational resources and renter's insurance. As a result of the information provided, several participants are now working on obtaining their GED, others have begun the process of trying to stop smoking while several have already stopped. While the bedbug epidemic continues to be a financial and emotional challenge for our participants, this year there has been a decrease in the number of reports. Throughout the year, we continue to discuss bedbug prevention at our monthly community meetings and during home and office visits.

During this reporting period, there was a significant event that affected many of the SPC residents. On the morning of December, 10, 2018, there was a 5 alarm fire at the Overbrook Gardens apartment building; 900 N. 63rd Street where seven of our participants lived. Our participants and others who lived in the building became homeless. Immediately after the fire, The Red Cross set up a temporary shelter at the West Philadelphia High School which housed three of the participants. Three other participants were able to temporarily move in with family and/or friends. The last of the participants was hospitalized at North Philadelphia Health System male treatment program at 8th and Girard. The SPC case managers were truly first responders! From the morning of the fire up until the last participant signed a lease to their new home. They responded to participants' needs both physical and emotional, while they were housed at the West Philadelphia High School temporary shelter. Case managers visited daily, providing support and resources to all fire survivors.

The generosity of the Philadelphia community and the Horizon House family was overwhelming and heartfelt. During the fire, the West Philadelphia community immediately came to the fire site, with essential items needed for immediate relief. Then Horizon House family and friends began to donate personal items, clothing and money. The human spirit was perfectly illustrated during this crisis, and items kept coming into the program. Additionally, we were able to provide toys for all children in the program, from the ages of 2 to 10 with the generosity of Horizon House staff and Drexel University's Office of Government & Community Relations. We are grateful for our community of friends.

Shortly after everyone moved into their new homes, residents met with Horizon House's Clinical Trainer to discuss the trauma of the fire and events following the fire. The title of the discussion was, "There is Hope Beyond Hurt." The objective of the meeting was to define trauma, resilience and healing. Everyone, with the exception of one survivor, who was working, attended. The majority of the group felt the discussion was helpful. Participants were comfortable and were able to express their feelings and fears. Overall, the experience exemplified the resilience of the human spirit and breathed hope and life into who were affected, directly and indirectly. As a team of participants and staff, we were able to overcome this year's challenges, create stability where it was lost and build hope for the future.

### Susquehanna Park I & II:

Now in its 12th year, Horizon House's Susquehanna Park I (SP I) is a 3.5 highest residential treatment program specifically designed to treat adult men recovering from substance use disorders, mental health disorders and struggling with chronic homelessness. Our Susquehanna Park II program is a 3.1 halfway house that serves as a "step down" for those men who have successfully completed a 3.5 level of care and is designed to help our participants strengthen their recovery while establishing healthy living skills as they prepare for independent living. Both programs fall under the umbrella of Philadelphia County chronically homeless addictions treatment programs now known collectively as the Journey of Hope. SP I and II programs operate in the same location.

During the FY of July 2018 through June 2019 covered by this report, a total of 87 participants were served by SP I and II. We saw an increase in admissions and repeat readmissions related to the opioid crisis. However, more than 60 percent of those participants remained in the program until they transitioned to a more appropriate level of care, or applied for and received referrals to permanent supportive housing in conjunction with the Office of Homeless Services.

Susquehanna Park I and II accept referrals from street outreach teams, Horizon House's Navigation Center, the shelter system, Crisis Response Centers, and other sources.

Susquehanna Park is more than a traditional D&A non-hospital inpatient treatment program; it is a modified therapeutic community that emphasizes long-term planning, establishing support networks, and instilling coping skills to maintain lifelong recovery. Staff and participants regularly take part in wellness, recreational, educational, vocational, spiritual and service-oriented activities, such as softball, basketball games, fundraisers, the Annual Recovery Walk, presentations to diverse audiences, community service, homeless outreach initiatives, and so much more.

### Horizon House Staff Psychiatrists July 1, 2018 - June 30, 2019

Thomas Armistead: Delco, HOPE PACT  
Neal Brandoff: New Keys, CORE  
Jose Capiro: ACT Alliance (Delaware)  
Harold Cottman: Welcome Home, Home First  
Russell Foo: ACT Team  
Sheri Hollander: Delco ACT  
Chandraka Kathrivan: ACT Navigator (Delaware)  
Heather Kennedy: ACT Hope (Delaware)  
Mary Ann Koza: Lehigh/Northampton ACT  
Paresh Pandya: Outpatient Services  
Lina Perez: Montco Crisis Residential

Rabia Qazi: ACT Vision (Delaware)  
Jasmine Sawhnee: PEACE, Outpatient,  
Charles Stanfa: Montco ACT, DBT RTFA  
Yekaterina Tatarchuk Wellness Alliance and YA RTFA Program  
Holly Valerio: Outpatient Services (P/T Temp)  
Irene Hurford: (PT) PEACE  
Karen Kovacic: (PT) ACT Navigator  
Leon Cushenberry: (Fellow) ICCM  
Ashley Un, MD: (Fellow) TCM  
Judith Katz, MD: (Fellow) PEACE, Wellness Alliance

# FINANCIALS YEAR ENDED JUNE 30, 2018 AND JUNE 30, 2017

## HORIZON HOUSE, INC. AND AFFILIATES COMBINED STATEMENTS OF ACTIVITIES

	JUNE 30, 2018	JUNE 30, 2017
<b>REVENUE</b>		
<b>Support and Revenue</b>		
Program Revenue	78,074,552	75,787,583
Grants and Contributions	2,531,109	2,069,098
Other	1,356,070	1,171,033
<b>Total Support and Revenue:</b>	<b>81,961,731</b>	<b>79,027,714</b>
<b>EXPENSES</b>		
<b>Program Services</b>		
Mental Health, Drug and Alcohol	47,734,805	47,261,997
Intellectual Disability	23,599,325	23,189,968
Administration	10,025,744	9,183,364
<b>Total Expenses:</b>	<b>81,359,874</b>	<b>79,635,329</b>
<b>Other Items Impacting Unrestricted Net Assets:</b>	<b>2,542,911</b>	<b>867,939</b>
<b>NET ASSETS</b>		
Net Assets Beginning of Year	4,434,079	4,053,755
Changes in Unrestricted Net Assets	3,144,768	260,324
Changes in Temporarily Restricted Net Assets	(60,000)	120,000
Total Changes in Net Assets	3,084,768	380,324
<b>Net Assets Year End:</b>	<b>7,518,847</b>	<b>4,434,079</b>

Horizon House is a nonprofit organization, affiliated with the Center for Mental Health Policy Services Research (CMHPSR) and the Department of Psychiatry at the University of Pennsylvania, and is a constituent of the United Way of Southeastern PA (donor option #00067). Horizon House is a registered 501 (c)(3) charitable organization. A copy of the official registration and financial information can be obtained from the PA Department of State by calling 800-732-0999. Registration does not imply endorsement. Horizon House provides social, vocational, residential and employment opportunities without regard to race, ethnicity, color, sex, sexual orientation, gender identity, religion, national origin, ancestry, disability, marital status, age, source of income, familial status, or domestic or sexual violence victim status.

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