



# Horizon House

eNews



May 2020

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**THANK YOU FOR MAKING  
MASKS FOR HORIZON HOUSE!**

## The Sophia Sisters Donated Masks to Horizon House

During these challenging times, the human spirit never ceases to amaze us! People have joined together to help us to get the masks we need so we can keep our staff and the men and women we serve safe. Many of our supporters generously shared their time and sewing skills to make and donate these beautiful handmade masks. Thank you Pat Nogar for mobilizing the Sophia Sisters and others to help us. We are so grateful for all of your hard work and continued kindness.

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Feed Your Family Today

# FOOD RESOURCES FOR THOSE IN NEED

No one should go hungry during these  
unprecedented times!

 Horizon House

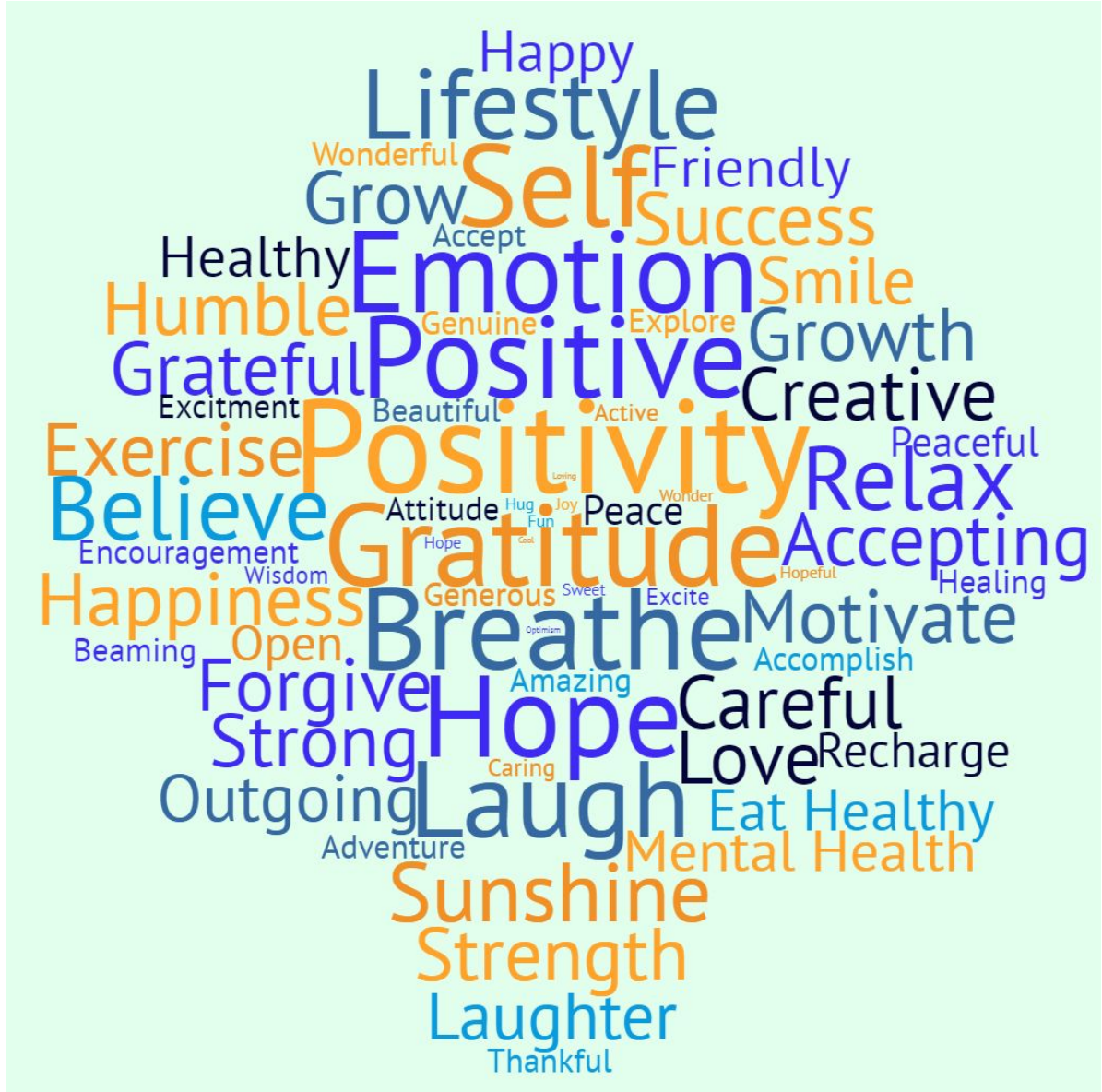
## Feeding Our Community

There are many resources out there that can help you during these unprecedented times. Horizon House wanted to make sure you had access to a

list of food resources throughout the Pennsylvania and Delaware region. Yes, these times are challenging, but we will get through this together. [Click Here](#) to find out more.

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## Let's Think of The Positives!

Although things may be overwhelming and unpredictable right now, we must find ways to remain strong and mentally well. Thinking positive thoughts helps us find peace within the uncertainty of our upcoming months. Pictured above is our word cloud of positivity. We hope some of these words can help you too.

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**Smiles are Contagious!**

*Spending more time at home and shopping online for much needed items?*

*Every time you shop on Amazon  
you can help Horizon House!*

**Smile with Horizon House**

<http://smile.amazon.com/ch/23-1413304>

**Select Horizon House Rehabilitation Services when shopping!**



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**Horizon House** serves adults, who live with disabilities throughout counties in Pennsylvania and Delaware. Some face multiple challenges, including serious and persistent mental illness, developmental and intellectual disabilities, and histories of substance abuse. Many have lived for years without homes--either on the streets or in shelters--and often struggle with the additional burden of coming to terms with traumatic encounters. Nearly all individuals served by Horizon House are economically disadvantaged.

**Advancement Department  
Horizon House  
215-386-3838**

