OAS Report

July 1, 2019- June 30, 2020

Horizon House Substance Use Disorders Service Accomplishments



An Annual Report of Accomplishments for Licensed Drug and Alcohol Facilities and Services Funded by the Department of Behavioral Health & Intellectual Disability Services (DBHIDS) of the City of Philadelphia, and the Behavioral Health Special Initiative (BHSI) of the State of Pennsylvania,

Shelter Plus Care VI, VII, VIII:

Horizon House's Shelter Plus Care, (SPC) program assists individuals and families that have a history of substance abuse and homelessness to obtain and succeed in permanent housing. In partnership with Columbus Property Management, a member of the Mission First Housing group, SPC currently oversees 91 units of scattered site housing, located throughout Philadelphia County. This fiscal period, July 1, 2019 – June 30, 2020, the three SPC programs maintained a 89% occupancy rate, 94 individuals were served by SPC. This decrease in occupancy rate is a direct result of the COVID-19 pandemic. Early in the pandemic, many applicants expressed the desire to remain in their current living conditions. During this fiscal year, there were 10 program discharges; 4 participants have graduated from the program into market value housing and one participant transitioned into a nursing home. The roads to success for all of them were education/job training, long term employment, ending in market value renting.

This has been a tempestuous year for the Shelter Plus Care program, we have weathered the devastating effects of the opioid epidemic and the COVID-19 pandemic. However, with our participants' resilience, their commitment to their recovery management and determination to succeed, many have been able to sustain employment. During this period, 23 participants were employed, many in the Food Services and Human and Healthcare Services Industries. Some are employed in human service organizations, located throughout the Philadelphia County. However during COVID-19, 50% of our participants have experienced job loss, reduction in hours or had to resign.

The City's Opioid crisis continues to negatively affect our participants. The housing community is negatively affected economically with the loss of jobs, socially with the loss of relationships and physically with the impact of disease of the body and spirit. This year, there has been an increase in the incarceration of participants, many on new criminal charges and some parole violations. This reporting period, 11 participants returned to inpatient hospitalization to overcome their addiction to opiates. This is a slight decrease from the last year; however there has been an increase in longer hospitalizations. Five participants during this period, while struggling with their addiction, left their support programs, and walked away from this program and housing. We continue to utilize the training of the use and proper application of Naloxone. Our weekly Living in Recovery support group is a resource for all participants, who may be having difficulty positively managing their recovery.

It is written, "Education is the passport for the future", this period 6 participants are utilizing area educational institutions and job training program to obtain their goals. Three are attending area universities; Temple, Cheyney and Strayer. One participant has graduated from Temple University's School of Work undergraduate program and is currently enrolled in their School of Work, MSW program. Other participants are in GED or job readiness programs.

Case managers meet individually with participants in their homes and in the community monthly. We also conduct community meetings. At these meeting, participants discuss and create their recovery plans and goals. At our community meetings general information is distributed and guest speakers discuss topics of interest; improving credit, job and opportunities and training programs.

When the COVID-19 epidemic was first discovered, SPC participants, as the rest of society were nervous, afraid and panicky. The SPC staff quickly educated themselves and the participants, reassuring them, they would be able to survive. Utilizing Motivational Interviewing and maintaining remote communication, providing resources and information, participants were able to remain calm and gain a sense of protection. Many participants are currently utilizing Zoom to meet with their mental health service providers and to attend remote Narcotics Anonymous meetings. One participant has attended and chaired remote Narcotics Anonymous meetings in London via Zoom. Also during this time, many have reunited with their family and loved ones.

Horizon House is a nonprofit organization, affiliated with the Center for Mental Health Policy Services Research (CMHPSR) and the Department of Psychiatry at the University of Pennsylvania, and is a constituent of the United Way of Southeastern PA (donor option #00067). Horizon House is a registered 501 (c)(3) charitable organization. A copy of the official registration and financial information can be obtained from the PA Department of State by calling 800-732-0999. Registration does not imply endorsement. Horizon House provides social, vocational, residential and employment opportunities without regard to race, ethnicity, color, sex, sexual orientation, gender identity, religion, national origin, ancestry, disability, marital status, age, source of income, familial status, or domestic or sexual violence victim status.

Susquehanna Park I & II:

Now in its 13th year, Horizon House's Susquehanna Park I (SP I) is a 3.5 highest residential treatment program specifically designed to treat adult men recovering from substance use disorders, mental health disorders and struggling with chronic homelessness. Our Susquehanna Park II program is a 3.1 halfway house that serves as a "step down" for those men who have successfully completed a 3.5 level of care and is designed to help our participants strengthen their recovery while establishing healthy living skills as they prepare for independent living. Both programs fall under the umbrella of Philadelphia County chronically homeless addictions treatment programs now known collectively as the Journey of Hope. SP I and II programs operate in the same location.

During the FY of July 2019 through June 2020 covered by this report, a total of 65 participants were served by SP I and II. We continue to see an increase in admissions and repeat re-admissions related to the opioid crisis. However, more than 21 percent of those participants remained in the program until they transitioned to a more appropriate level of care or applied for and received referrals to permanent supportive housing in conjunction with the Office of Homeless Services.

Susquehanna Park I and II accept referrals from street outreach teams, Horizon House's Navigation Center, the shelter system, Crisis Response Centers, and other sources. Susquehanna Park is more than a traditional D&A non-hospital inpatient treatment program; it is a modified therapeutic community that emphasizes long-term planning, establishing support networks, and instilling coping skills to maintain lifelong recovery. Staff and participants regularly take part in wellness, recreational, educational, vocational, spiritual and service-oriented activities, such as softball, basketball games, fundraisers, the Annual Recovery Walk, presentations to diverse audiences, community service, homeless outreach initiatives, and so much more.

Horizon House Staff Psychiatrists July 1, 2019 - June 30, 2020

Thomas Armistead: Delco, PACT (until Nov. 2019) Andrea Bowen: PEACE Neal Brandoff: New Keys, CORE, Journey Home Steven Cartun: Delco, PACT (January thru June) Harold Cottman: Welcome Home, Home First Leon Cushenberry: ICCM Russell Foo: ACT I Team Sheri Hollander: Delco ACT Irene Hurford: (PT) PEACE (until December 2019) Chandraka Kathiravan: ACT Navigator (Delaware) Heather Kennedy: ACT Hope (Delaware) Karen Kovacic: (PT) ACT Navigator Camille Paglia: MontCoACT, MontCo Crisis Residential Paresh Pandya: Outpatient, TCM, Susquehanna Park (Journey of Hope) Rabia Qazi: ACT Vision (Delaware) Lawrence Real: Medical Director Adam Reish (CRNP): (PT) MontCo ACT; The Grove (residential) Jasmine Sawhnee: PEACE, Outpatient; ICM (Delaware) Richard Solga (CRNP): (PT) Lehigh County, Robbins Bower Rachel Talley: Outpatient, TCM, Journey Home Yekaterina Tatarchuk: (PT) Wellness Alliance, RTFA Programs Dung Tran: Lehigh County ACT Holly Valerio: (PT) Outpatient Services David Yunis: ACT Alliance (Delaware)

Horizon House Board of Directors

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	FINANCIALS	YEAR ENDED	JUNE 30,2019 AND	JUNE 30.2018
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HORIZON HOUSE, INC. AND AFFILIATES COMBINED STAT			
	June 30, 2019	June 30, 2018	
REVENUE			
Without donor restrictions			
Support and Revenue			
Program Revenue	80,774,010	78,074,552	
Grants and Contributions	2,529,280	2,531,109	
Other	1,787,448	1,356,070	
Net assets released from time and purpose restrictions	60,000	60,000	
Total Support and Revenue:	85,090,738	81,961,731	
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EXPENSES			
Program Services			
Mental Health, Drug and Alcohol	48,716,716	47,734,805	
Intellectual Disabilities	25,885,162	23,599,325	
Administration	10,550,529	10,025,744	
Total Expenses:	85,152,407	81,359,874	
Change in net assets without donor restrictions before other items	(61,669)	601,857	
Other Items			
Change in fair value of interest rate swap	(282,529)	(34,006)	
Gain on equity method investments	3,715,580	2,199,178	
Unrealized gain (loss) on other investments	9,662	(18,873)	
Dividend Income	148,082	57,703	
Contractual adjustments	45,578	96,291	
Contributions to capital	303,120	242,618	
Total other items	3,939,493	2,542,911	
Changes in net assets without donor restrictions	3,877,824	3,144,768	
With Donor Restrictions			
Net assets released from time and purpose restrictions	(60,000)	(60,000	
Change in net assets with donor restrictions	(60,000)	(60,000)	
Total changes in net assets	3,817,824	3,084,768	
NET ASSESTS			
Net Assets Beginning of Year	7,518,847	4,434,079	
Changes in Unrestricted Net Assets	3,877,824	3,144,768	
Changes in Temporarily Restricted Net Assets	(60,000)	(60,000	
Total Changes in Net Assets	3,817,824	3,084,768	
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Net Assets Year End:	11,336,671	7,518,847	