



Horizon House

OAS REPORT

SUBSTANCE ABUSE
SERVICE ACCOMPLISHMENTS

join us
TOGETHER
WE MAKE A DIFFERENCE

JULY 1, 2021-JUNE 30, 2022

Shelter Care Plus Care VI, VII, VIII:

Horizon House's Shelter Plus Care (SPC) program assists individuals and families who have a history of substance abuse and homelessness in obtaining and succeeding in permanent housing. In partnership with Columbus Property Management, a member of the Mission First Housing Group, SPC currently oversees 91 units of scattered-site housing located throughout Philadelphia. This fiscal period, July 1, 2021 – June 30, 2022, the three SPC programs maintained a 90 percent occupancy rate and 94 individuals were serviced by SPC. This is a small decrease from the last fiscal year. While this year, there was a slight decrease in the occupancy rate, the tenacity and fortitude of the SPC staff, participants, program applicants and their supports continue to flourish. During this period, we received 19 housing referrals; nine applicants declined housing, six walked away from their current housing, leaving no contact information, and four new individuals remained housed for this fiscal year.

During this fiscal period, there were five discharges from the program; one participant graduated from the program into market value housing. Three participants succumbed to their opioid addiction and their addiction prevented them from continuing to participate in their housing. Two participants died from a non COVID-19 health conditions. During this period, SPC participants and staff continued to combat the devastating effects of the opioid epidemic and the COVID-19 pandemic. However, with our participants' resilience, their commitment to their recovery management and determination to succeed, many were able to return to work. During this period, 19 participants were employed, many in the Food Services, and two in Human and Healthcare Services industries in Philadelphia. Others experienced job loss, reduction in hours or had to resign, resulting in additional stressors during the pandemic.

Philadelphia's opioid crisis continues to negatively affect our participants. The housing community is negatively affected economically with the loss of jobs, socially with the loss of relationships and physically with the impact of disease on the body and spirit. This year, we are happy to report there has been a decrease in the incarceration rate of our participants, and one participant successfully completed his parole sentence. There has also been an increase in the number of participants who have voluntarily returned to inpatient hospitalization to overcome their addiction to opiates. Three participants during this period, while struggling with their addiction, left their support programs, and walked away from housing. We continue to utilize the training and proper application of Naloxone as well Motivational Interviewing techniques to support participants. Additionally, our weekly Living in Recovery support group is a resource for all participants who may be having difficulty positively managing their recovery.

This fiscal year, several participants, realizing the importance of maintaining their emotional health, have returned to outpatient treatment to address their mental health concerns. Four participants are continuing their educational goals. One participant graduated from Drexel University; two participants are beginning the final 4 semesters of their degree requirement and one participant may be ready to take this GED exam in the near future.

During this period, case managers continue to provide services remotely and creatively due to the pandemic. We conducted our monthly meeting and Living in Recovery meetings utilizing Zoom with participants who had access to the computer or a phone. Many of our participants continue to utilize Zoom as a means of communication, attending NA meetings and meeting with their physical and mental health providers. Acknowledging that many individuals did not have access to computers or smart phones, we continued to contact them weekly via the phone and regular mail.

During all contacts, we continued to reiterate the importance of obtaining accurate COVID-19 information and discussed current and accurate vaccination information as applicable. We have witnessed a decrease in the number of participants who are expressing anti-vaccination concerns. This fiscal year, we have seen a great decrease in the number of reported positive COVID cases. We also discussed various topics of interest based on participants input; the importance of optimal health-physical and mental, job and job training information and current community events.

Utilizing motivational interviewing and maintaining communication, providing resources and information, participants are exploring new opportunities, utilizing new skills developed and navigating new careers and personal paths and goals. Participants are continuing the process of reconnecting with their community, developing self-sufficiency; financially, emotionally, educationally and culturally.

Horizon House is a nonprofit organization, affiliated with the Center for Mental Health Policy Services Research (CMHPSR) and the Department of Psychiatry at the University of Pennsylvania, and is a constituent of the United Way of Southeastern PA (donor option #00067). Horizon House is a registered 501 (c)(3) charitable organization. A copy of the official registration and financial information can be obtained from the PA Department of State by calling 800-732-0999. Registration does not imply endorsement. Horizon House provides social, vocational, residential and employment opportunities without regard to race, ethnicity, color, sex, sexual orientation, gender identity, religion, national origin, ancestry, disability, marital status, age, source of income, familial status, or domestic or sexual violence victim status.

Susquehanna Park:

This is the fourteenth year at Horizon House's Susquehanna Park. This is a 3.5 non-hospital residential treatment program specifically designed to treat adult men recovering from substance use disorders, mental health disorders and struggling with chronic homelessness. This program falls under the umbrella of the Philadelphia chronically homeless addictions treatment programs, now known collectively as the Journey of Hope.

During the FY of July 2021 through June 2022 covered by this report, a total of 51 participants were served by SP. We have seen a slight decrease in admissions this past year. Of the 51 participants more than 60% remained in treatment until they transitioned to a permanent supportive housing in conjunction with the Office of Homeless Services. Throughout this past year, we have also seen a slight decrease of admissions of individuals whose mental health was a primary diagnosis. We have been successful in helping over 70% of the individuals admitted become stabilized (through a combination of medication and therapy), refocused on their goals and able to begin to obtain a healthy lifestyle. Susquehanna Park is a 25-bed facility and accepts referrals from street outreach teams, Horizon House's Navigation Center, the shelter system, Crisis Response Centers and other sources.

The COVID-19 Pandemic continues in Philadelphia. Susquehanna Park experienced an outbreak in December 2021 that impacted the client and staff population. In response to this outbreak our medical department was able to provide vaccination appointments resulting in 90% of our clients and 100% of our staff being COVID vaccinated, received a flu shot and pneumonia vaccines. This was accomplished by partnering with community neighbors, providing the Moderna, Pfizer, and Johnson and Johnson vaccinations.

Susquehanna Park is more than a traditional D&A non-hospital inpatient treatment program; it is a modified therapeutic community that emphasizes long-term planning, establishing support networks and instilling coping skills to maintain lifelong recovery. Staff and participants regularly take part in wellness, recreational, educational, vocational, spiritual and service-oriented activities, such as softball games, basketball games, fundraisers, the Annual Recovery Walk, presentations to diverse audiences, community service, homeless outreach initiatives and so much more.

Horizon House Staff Psychiatrists July 1, 2021 - June 30, 2022

Ralph Aquila, Medical Director
Thomas A. Armistead, H.O.P.E. (PACT)
Andrea E. Bowen, PEACE
Harold Cottman III, New Keys
Abdulbari K Farooqi, Mont. County ACT
Russell Foo, Phila. ACT
Sheri L. Hollander, DELCO ACT
Chandrakala Kathiravan, ACT Navigator

Heather A. Kennedy, ACT Hope
Pandya Paresh, Targeted Casemgmt Sv
Rabia Qazi, ACT Vision
Yekaterina L Tatarchuk, PEACE
Holly J. Valerio, MH/Outpatient Service
Davis Yunis, Alliance
Diana Davidson, ICM

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FINANCIALS

Horizon House, Inc. And Affiliates Consolidated Statements Of Activities

Years ended June 30, 2020 and June 30, 2019

REVENUE	JUNE 30, 2020	JUNE 30, 2019
Without donor restrictions		
Support and Revenue		
Program Revenue	82,969,847	80,668,677
Grants and Contributions	2,592,221	2,529,280
Other	1,526,565	1,832,781
Net assets released from time and purpose restrictions	60,000	60,000
Total Support and Revenue:	\$87,148,633	\$85,090,738

EXPENSES	JUNE 30, 2020	JUNE 30, 2019
Program Services		
Mental Health, Drug and Alcohol	50,269,445	48,716,716
Intellectual Disabilities	26,151,278	25,885,162
Administration	10,203,323	10,550,529
Total Expenses:	\$86,624,046	\$85,152,407
Change in net assets without donor restrictions before other items	524,587	(61,669)
Other Items		
Total other items	(375,820)	3,939,493
Changes in net assets without donor restrictions	148,767	3,877,824
With Donor Restrictions		
Contributions	180,000	
Net assets released from time and purpose restrictions	(60,000)	(60,000)
Changes in net assets with donor restrictions	120,000	(60,000)
Total changes in net assets	\$268,767	\$3,817,824

NET ASSETS	JUNE 30, 2020	JUNE 30, 2019
Net Assets Beginning of Year	\$11,336,671	\$7,518,847
Changes in Unrestricted Net Assets	148,767	3,877,824
Changes in Temporarily Restricted Net Assets	120,000	(60,000)
Total Changes in Net Assets	268,767	3,817,824

Net Assets Year End: **\$11,605,438** **\$11,336,671**

TOTAL REVENUE BY YEAR (in millions)

