

HORIZON HOUSE OAS REPORT

SUBSTANCE ABUSE SERVICE ACCOMPLISHMENTS REPORT



JULY 1, 2022- JUNE 30, 2023

Horizon House is a nonprofit organization, affiliated with the Center for Mental Health Policy Services Research (CMHPSR) and the Department of Psychiatry at the University of Pennsylvania, and is a constituent of the United Way of Southeastern PA (donor option #00067). Horizon House is a registered 501 (c)(3) charitable organization. A copy of the official registration and financial information can be obtained from the PA Department of State by calling 800-732-0999. Registration does not imply endorsement. Horizon House provides social, vocational, residential and employment opportunities without regard to race, ethnicity, color, sex, sexual orientation, gender identity, religion, national origin, ancestry, disability, marital status, age, source of income, familial status, or domestic or sexual violence victim status.

Shelter Care Plus Care VI, VII, VIII:

Horizon House's Shelter Plus Care (SPC) program, provides person-centered case management services, utilizing Motivational Interviewing and other evidence based approaches and resources, designed to cultivate self-sufficiency, finances, emotional, educational and cultural stability. We assist individuals and families who have a history of substance abuse and homelessness in obtaining and succeeding in permanent housing.

In partnership with Columbus Property Management, a member of the Mission First Housing Group, SPC currently oversees 91 units of scattered-site housing located throughout Philadelphia. This fiscal period, July 1, 2022 – June 30, 2023, the three SPC programs maintained an 82 percent occupancy rate and serviced 105 individuals. This is a small decrease from the last fiscal year. While this year, there was a slight decrease in the occupancy rate, the tenacity and fortitude of the SPC staff, participants, program applicants and their supports continue to flourish. During this period, we received 22 housing referrals: 7 applicants accepted other housing opportunities, 6 walked away from their housing leaving no contact information, 5 refused housing and four new individuals were housed.

During this fiscal period, there were twelve discharges from the program. Amazingly, two participants purchased homes and 5 individuals graduated from the program into market value housing. Five participants succumbed to their opioid addiction which prevented them from continuing to participate in this housing program. This period there were also 2 deaths. Both participants died as a result of serious medical conditions. However, both also maintained their sobriety to the end of their lives.

Individuals in the SPC program continue to combat the devastating effects of the opioid epidemic and the aftereffects of the COVID-19 pandemic. However, with our participants' resilience, their commitment to their recovery management and determination to succeed, many were able to return to work. During this period, 13 participants were able to maintain employment; many in the Food Services area, and two in Human and Healthcare Services industries in Philadelphia. Others continue to experience job loss, reduction in hours or had to resign, resulting in additional stressors.

The city's opioid crisis continues to negatively affect our participants. The housing community is negatively affected economically with the loss of jobs, socially with the loss of relationships and physically and emotionally with the impact of disease on the body and spirit. This year, we are happy to report there has been a decrease in the incarceration rate of our participants. There has also been an increase in the number of participants who have voluntarily returned to inpatient hospitalization to overcome their addiction to opiates. As stated, five participants during this period, while struggling with their addiction, left their support programs, and walked away from housing. We continue to utilize the training and proper application of Naloxone as well as Motivational Interviewing techniques to support participants. Additionally, our weekly Living in Recovery support group is a resource for all participants who may be having difficulty positively managing their recovery. This fiscal year, several participants, realizing the importance of maintaining their emotional health, have returned to outpatient treatment to address their mental health concerns. Two participants are continuing their educational goals.

During this period, case managers continue to provide services creatively. We continued to conduct our monthly meeting and Living in Recovery meetings utilizing Zoom with participants who had access to a computer or a phone. While many participants have returned to in person meetings, several, due to the high crime rate in the city, continue to utilize Zoom as a means of communication, attending NA meetings and meeting with their physical and mental health providers. Acknowledging that many individuals did not have access to computers or smart phones, we continued to contact them via home visits, electronically and regular mail.

During all contacts, we continued to reiterate the importance of obtaining accurate medical information, including COVID-19 information. We also discussed current and accurate vaccination information as applicable. We have witnessed a decrease in the number of participants who are expressing anti-vaccination concerns.

This fiscal year, we have seen a great decrease in the number of reported positive COVID cases. We also discussed various topics of interest based on participants input; the importance of optimal health-physical and mental, job and job training information and current community events.

Utilizing motivational interviewing and maintaining communication, providing resources and information, participants are exploring new opportunities, utilizing new skills developed and navigating new careers and personal paths and goals. Participants continued the process of reconnecting with their community throughout the reporting period.

Susquehanna Park

This is the fifteenth year of Susquehanna Park's transition to a providing drug and alcohol services for the chronically homeless population. Susquehanna Park (SP) is a 25-bed facility and accepts referrals from street outreach teams, Horizon House's Navigation Center, the shelter system, Crisis Response Centers and other sources. This is an ASAM 3.5 non-hospital residential treatment program specifically designed to treat adult men recovering from substance use disorders, mental health disorders and struggling with chronic homelessness. This program falls under the umbrella of the Philadelphia chronically homeless addictions treatment programs, now known collectively as the Journey of Hope.

During the FY of July 2022 through June 2023 covered by this report, a total of 50 non duplicated participants were served by SP. Of the 50 participants more than 80% remained in treatment until they transitioned to a permanent supportive housing in conjunction with the Office of Homeless Services. Throughout this past year the admissions participant profiles have indicated a slight increase of individuals whose mental health was a primary diagnosis. We have been successful in helping over 70% of the individuals admitted become stabilized (through a combination of medication and therapy), refocused on their goals and able to begin to obtain a healthy lifestyle.

The COVID-19 Pandemic had little to no negative impact on Susquehanna Park. The program experienced 1 outbreak of less than 6 participants and 5 staff members who stabilized without hospitalization. The medical department continues to address public health issues with our residents encouraging vaccines for COVID, flu shot and pneumonia. Susquehanna Park is more than a traditional D&A non-hospital inpatient treatment program; it is a modified therapeutic community that emphasizes long-term planning, establishing support networks and instilling coping skills to maintain lifelong recovery. Staff and participants regularly take part in wellness, recreational, educational, vocational, spiritual and service-oriented activities, such as softball games, basketball games, fundraisers, the Annual Recovery Walk, presentations to diverse audiences, community service, homeless outreach initiatives and so much more.

Horizon House Staff Psychiatrists July 1, 2022 - June 30, 2023

Ralph Aquila, Medical Director

Russell Foo, Medical Director as of 2/27/23

Thomas A. Armistead, H.O.P.E. (PACT)

Andrea E. Bowen, PEACE

Harold Cottman III, New Keys

Abdulbari K Farooqi, Mont. County ACT

Sheri L. Hollander, DELCO ACT

Chandrakala Kathiravan, ACT Navigator

Heather A. Kennedy, ACT Hope

Pandya Paresh, Targeted Case Management Sv

Rabia Qazi, ACT Vision

Yekaterina L Tatarchuk, PEACE

Danielle Simpson, New Keys

William Smith, PEACE

Davis Yunis, Alliance

Horizon House Board of Directors

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FINANCIAL STATEMENT 2020-2021 FISCAL YEAR

Horizon House, Inc. And Affiliates Consolidated Statements Of Activities

Years ended June 30, 2021 and June 30, 2020

| REVENUE | JUNE 30, 2021 | JUNE 30, 2020 |
|---|---------------------|---------------------|
| Without donor restrictions | | |
| Support and Revenue | | |
| Program Revenue | 85,548,247 | 83,532,824 |
| Grants and Contributions | 2,790,612 | 2,592,221 |
| Other | 839,001 | 963,588 |
| Net assets released from time and purpose restrictions | 60,000 | 60,000 |
| Total Support and Revenue: | \$89,237,860 | \$87,148,633 |
| EXPENSES | | |
| Program Services | | |
| Mental Health, Drug and Alcohol | 50,640,932 | 50,094,157 |
| Intellectual Disabilities | 25,722,429 | 26,088,745 |
| Administration | 10,979,012 | 10,441,144 |
| Total Expenses: | \$87,342,373 | \$86,624,046 |
| Change in net assets without donor restrictions before other items | 1,895,487 | 524,587 |
| Other Items | | |
| Total other items | \$12,277,320 | \$(375,820) |
| Changes in net assets without donor restrictions | 14,172,807 | 148,767 |
| With Donor Restrictions | | |
| Contributions | | 180,000 |
| Net assets released from time and purpose restrictions | (60,000) | (60,000) |
| Changes in net assets with donor restrictions | (60,000) | 120,000 |
| Total changes in net assets | \$14,112,807 | \$268,767 |
| NET ASSETS | | |
| Net Assets Beginning of Year | \$11,605,438 | \$11,336,671 |
| Changes in Unrestricted Net Assets | 14,172,807 | 148,767 |
| Changes in Temporarily Restricted Net Assets | (60,000) | 120,000 |
| Total Changes in Net Assets | 14,112,807 | 268,767 |
| Net Assets Year End: | \$25,718,245 | \$11,605,438 |

TOTAL REVENUE BY YEAR (in millions)

